

PREP

Intravenous Sedation for Patients

I N F O R M A T I O N F O R P A T I E N T S

What is I.V. Sedation?

In our office, I.V. Sedation is medication given to patients to help them remain still during an MRI scan. Lying still is critical to insuring that the MRI pictures taken will be accurate and clear. Prior to the scan, the Board Certified Anesthesiologist will put you into a very light twilight sleep to help you relax and minimize any fear or anxiety. Both the Anesthesiologist and a Registered Nurse will monitor you before, during and after the MRI study.

What Medications are used?

Versed/Midazolam is given first to help you relax. This medication is in I.V. form and may be given approximately 20 minutes prior to the exam.

After you are relaxed, Propofol/Diprivan will be given through an I.V. to induce sleep. This second medication has a short duration of action and a rapid recovery time. It is administered via I.V. to make sure you remain asleep during the entire MRI study.

The Anesthesiologist and Nurse will monitor you during the sedation administration, while you are being scanned, and after the study.

How do I prepare for I.V. Sedation?

You should:

- Make arrangements to have someone drive you home after the MRI because you will have taken medication.
- Have nothing to eat or drink for at least eight (8) hours before the scheduled MRI appointment time.
- Dress in comfortable clothing that has no metal detailing (no metal snaps, zippers, jewelry, etc.). Wearing sweatshirts and sweatpants is suggested.
- Arrive one (1) hour prior to the exam time.

If you are ill within one (1) week prior to the scheduled MRI procedure, please call us at **732-390-0030** as soon as possible to let us know. You should be free of congestion, cough or fever for the scan. (continued on back)

How will I feel after the MRI scan?

Most patients are awake, alert, and ready for discharge within 30 - 45 minutes after the MRI scan is completed.

There are usually no lasting effects from the medication after awakening. Some patients may continue to feel drowsy throughout the day, and some may wake up feeling irritable. These side effects should last only a short time.

Will there be a doctor present?

There will always be a Board Certified Anesthesiologist present and there is always a Board Certified Radiologist in the office during I.V. Sedation.

What information do I need to send you before the MRI appointment?

After scheduling an appointment for the MRI, you will need to provide us with some very specific medical history information and documentation so that our clinical staff can evaluate medical eligibility for this procedure. The following is a list of all of the necessary information we will need from you to ensure that your MRI scan is performed as scheduled:

- A prescription from your physician which orders the MRI and I.V. Sedation. The script should be dated within 30 days of your scheduled MRI appointment.
- A report from the physician with the results of a physical exam performed within 30 days of your scheduled appointment. If you are over 40 years old, we will also need results of an EKG done within 30 days of your scheduled MRI appointment.
- If you have diabetes, heart disease, seizures, or high blood pressure, specific blood work will have to be performed before the MRI appointment. You will need to fax the results of these tests so that we receive them at least five (5) days before your appointment date. This allows us the time necessary to properly review your results and order additional testing if necessary.

Please fax all information to: 732-238-6238. Also, please recognize that it is your responsibility to schedule a physical, have EKG results if appropriate and get all of the necessary paperwork completed by your physician and faxed to us within five (5) working days prior to the scheduled appointment.

University Radiology Group clinical staff will call you to confirm your medical clearance for this procedure based on the information that you have provided.

If you have additional questions about the MRI study or any of the information needed above, please contact us at **732-390-0030**.

Please note that Anesthesia Consultants of NJ who is administering the sedation will be sending you a bill for their services. If you have questions regarding insurance coverage, please contact their office at **732-271-1400**.

